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Successful Laparoscopic Treatment of Intrauterine Device and Complication Causing Uterine Rupture

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Abstract

Intrauterine Devices (IUD) are widely used as a method of birth control. After implantation, they may cause pain, bleeding, uterine perforation, bowel and bladder rupture. IUD-induced uterine corneal region and tubal mesosalpinx perforation is presented.

Keywords: Intrauterine device; Rupture; Laparoscopic

Introduction

Intrauterine Devices (IUDs) are currently the most preferred contraceptive methods. Nowadays, frequent application of these complications has increased the incidence of complications. They have long-acting and minimal systemic side effects. Perhaps the most important local side effects are the fact that they can leave the place where they can cause obstruction, perforation, ischemia and fistula formation in the small intestine [1].

In this case report, we presented a young patient who underwent IUD-Induced Uterine corneal region and tubal mesosalpinx perforation, and underwent successful laparoscopic procedure with IUD removal.

Case Presentation

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A 19-year-old, 1-year-old female patient was admitted to our outpatient clinic with the complaint of continuous systolic staining. The patient had a history of vaginal delivery six months ago. The patient had no history of systemic disease or operation. Approximately 1 month ago, a midwife in the health center had an Intrauterine Device (IUD) (copper t cu 365). Laboratory values; hemogram, C-reactive protein was normal, β -HCG was negative. On gynecological examination with speculum: IUD ropes were not observed and there were menstrual spotting. In vaginal ultrasonography, IUD refractory myometrium was observed. The IUD echo gave hyperechogenicity embedded in myometry. There were no IUD strings. There was minimal fluid in the Douglas cavity. Laparoscopy was decided due to suspicion of IUD perforating uterus. In laparoscopy, there was a tight connection between the uterus posterior and left uteroovarian and bowel mesos, and the right uterus perforated the uterus from the kornual region and the tip of the right istmo-tubal mesosalpinx was exposed to the abdomen (Figure 1). The tip was captured by laparoscopic holder and IUD was withdrawn (Figure 2). If the intestines were intact, the intestines were perforated and could be seen in the bowel cavity. After hemorrhage control, abdominal access sites (umbilicus and both pelvic) were closed with primary sutures. The patient was discharged with recommendations after 1 day.

Discussion

Today, IUD is frequently used as a method of birth control. It was found that it was 9.4% in developed countries and 16.4% in underdeveloped countries [2].

They have frequent complications such as bleeding, pain, inflammatory disease, unwanted pregnancy [3]. Uterine rupture is a rare but very important complication. It has been reported that 1,000 cases of rupture due to IUD are seen between 1,3-1,6 [1].

The clinician's inexperience with uterine rupture, breastfeeding and postpartum period, uterine anomaly, adenomyosis have been associated with conditions [4-6]. Andersson et al. [4] in their study, 50 consecutive patients with uterine rupture after IUD insertion were examined and IUD was reported to be seen in 8 cases after doctor and 42 cases after midwife insertion. In another study, 70% of the rupture occurred in the first 6 months after delivery and therefore it was reported that it was safer to wait for the patient to wear after 6 months [6]. In our patient, it was learned that IUD



Figure 1: Intrauterine device of the right istmo-tubal mesosalpinx.



Figure 2: Intrauterine device removed by a laparoscopic holder and removed from the end.

was inserted by the midwife at the 5th month after delivery.

Clinical diagnosis: Radiological, ultrasonographic and laparoscopic methods are used. Clinically it is usually asymptomatic if it does not cause any damage to adjacent organs. Sometimes it can cause pain or bleeding. As a test, ultrasound and abdominal film should be the first preferred methods. Vaginal Ultrasonography is a non-invasive, inexpensive, safe method. Tomography and magnetic resonance imaging can be used in undiagnosed cases. We performed ultrasonography and found that IUD is moving through the cavity and providing reflex in myometrium.

Endoscopic procedures or open surgery can be performed in the treatment. First of all, laparoscopic procedures are necessary. This is due to less invasive pain, less cosmetic results, lower hospitalization and lower cost. In addition, the tissue trauma and adhesions are less than open surgery. However, it is possible to find different results of laparoscopy in literature. These may include laparotomy, laparoscopy and colostomy [7,8]. Demir et al. In their study, IUD was removed in 8 women and no patient required laparotomy. There was no problem in the control examinations of the patients [9]. Özgün et al. [10], in 10 patients, they were removed laparoscopically and returned to laparotomy in only 2 patients. We used laparoscopic method for IUD removal and we did not encounter any complications. On the 1st postoperative day, we discharged the patient without any problems. We also did not encounter any problems during their follow-up.

As a result, the most important factor for IUD insertion is the correct patient selection. We also think it should be worn in expert hands. Complications should be taken into consideration and every patient with IUD should be checked at certain time intervals.

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