Massive Acetabular Bone Loss Reconstructed with a Custom Triflange Acetabular Component during Revision Hip Arthroplasty

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Abstract

Reconstruction of the failed acetabular component in the setting of massive bone loss and acetabular fracture is one of the most difficult technical challenges in orthopedic surgery. Custom Triflange Acetabular Components (CTAC) has been shown to be useful for managing massive bone loss with pelvic discontinuity. Here we present a case of a patient with massive bone loss stemming from a history of a complex acetabulum fracture and periprosthetic infection which was successfully reconstructed using a CTAC.

Keywords: Arthroplasty; Reconstruction; Triflange acetabular

Introduction

Massive acetabular bone loss in the setting of revision total hip arthroplasty poses severe reconstructive challenges. The loss of bony anatomy limits areas for implant in-growth and screw fixation, thus compromise in the durability of the prosthesis. For severe, Paprosky type 3B bone loss, the custom triflanged acetabular component has been shown to be a useful approach to managing catastrophic bone loss [1-5]. Here we present the case of a construction worker who required revision of the acetabular component in the setting of massive acetabular bone loss. His bone loss stemmed from a history of major pelvic trauma, including a right acetabular fracture and posterior hip dislocation requiring anterior and posterior acetabular plating. He subsequently developed femoral head avascular necrosis which required conversion to a total hip replacement. Seven years later he developed a deep periprosthetic infection which further complicated his course requiring two stage revision hip replacement surgeries with reconstruction using highly porous augments. This resulted in the present situation: gross aseptic loosening of the acetabular component with massive bone loss. The patient was informed that data concerning the case would be submitted for publication, and the patient agreed.

Case Presentation

A 45-year-old construction worker was injured when a lamp post fell on him, 10 years prior to the present admission. He sustained an associated both columns right acetabulum fracture with a posterior right hip dislocation, as well a left-sided sacroiliac joint diastases. He underwent left iliosacral screw fixation, and right acetabular fixation using anterior and posterior column plating. Approximately six months after surgery the patient went on to develop symptomatic avascular necrosis of the right femoral head with posttraumatic arthritis. This required conversion to a right total hip replacement after removal of the posterior column plate. The patient did very well after his hip replacement for approximately seven years. He then began to develop significant pain in his right hip with difficulty ambulating. An infection work-up demonstrated an elevated serum C-reactive protein and erythrocyte sedimentation rate and positive hip aspiration (Staphylococcus aureus), which were consistent with chronic periprosthetic infection. The patient underwent removal of the prosthesis and placement of an antibiotic spacer. He then received six weeks of IV antibiotics followed by followed by a six week antibiotic holiday. After it was clear that the infection was eradicated based on normal CRP and ESR and normal intraoperative frozen section, a new total hip prosthesis was implanted. Because of the significant superior bone loss a highly porous augment was placed in the posterior-superior acetabulum and a standard hydroxyapatite coated
acetabular shell was used (Stryker, Mahwah, NJ, USA). The femur was reconstructed with a modular fluted titanium stem (19 mm + 20 cone body, 155 mm × 15 mm conical stem; Restoration Modular, Stryker). The patient functioned very well for the next 2 1/2 years. However over the past two months the patient has had activity-related pain with increasing difficulty walking and shortening of his right leg. Radiographs of the pelvis at this time demonstrated gross loosening of the acetabular component (Figure 1A). The augment was well-fixed. The femoral head was articulating superiorly with the augment. CRP and ESR were normal. Judet views of the pelvis demonstrated massive posterior and anterior column bone loss (Figure 1B and 1C). Computed Tomography (CT) scanning of the pelvis with 2.5 mm axial cuts demonstrated massive acetabular bone loss with severely deficient anterior and posterior columns. The decision was made to reconstruct the acetabulum using a custom triflange implant (Zimmer-Biomet, Warsaw, IN, USA). Based on the CT scan, three dimensional images of the pelvis were created (Figure 2A and 2B). Based on these images, a plastic model of the pelvis and implant were then constructed (Figure 3A and 3B). Those models were the template for construction of the actual custom triflange acetabular component (Figure 4).

The previous posterior approach was used to access the acetabulum. The incision was extended further proximally just 5 cm short of the posterior superior iliac spine. Skin and subcutaneous tissue were divided. The lateral fascia of the thigh was divided in line with the fibers of the gluteus maximus and retracted with a Charnley retractor. The scarred external rotators and capsule released from the posterior lateral aspect of the greater trochanter. Exposure was carried posteriorly to the greater and lesser sciatic notch to expose the ischial tuberosity. Proximally the gluteus medially was
retracted anteriorly with a Steinman pin. This allowed for exposure of the acetabulum, the ilium just proximal to the acetabulum and the ischial tuberosity. The hip was dislocated and the prosthetic femoral head (36 mm + 5) and proximal modular body of the femoral implant (19 mm + 20 cone body, Restoration Modular, Stryker) were removed. The acetabular component, screws and augment were then removed. A high speed burr was then used to remove areas of bone that interfered with flush seating of the implant. Synthetic bone graft (Vitoss, Stryker, Mahwah, NJ, USA) was then placed into the defects within the acetabulum (Figure 5A). The custom triflange acetabular component was then positioned into the acetabulum. Several locking and cortical screws were then placed into the dome, the iliac flange and the ischial flange. The polyethylene liner was then locked into the cup (Figure 5B). The proximal body of the femoral component (19 mm + 10) was then attached to the distal stem and locked in the appropriate anteversion using a set screw. A 36 mm + 5 cobalt chrome head was impacted onto the trunnion and the hip was reduced. The hip demonstrated stability through a full range of motion. The patient was allowed to ambulate 20 lbs. toe touch weight bearing for 8 weeks. Antibiotics were continued for 72 hrs. Low molecular weight heparin was used for thromboembolic prophylaxis for 6 weeks. Three months after surgery the patient is ambulating pain-free and without assistive devices. Radiographs demonstrate a well-fixed triflange acetabular component (Figure 6A-6C).

Discussion

The case we have presented illustrates a very difficult reconstruction challenge in revision joint replacement. Less degrees of bone loss with intact acetabular columns may be managed with cementless hemispheric cups and multiple screws with good results [6,7]. However, the results of acetabular reconstruction with massive bone loss (superior-medial hip center migration with non-supportive anterior and posterior columns) are poor using conventional techniques including cementless shells, augments; reinforcement rings and cages [8-12]. For these Paprosky type IIIB hips, especially those with a pelvic discontinuity, custom triflange acetabular components [2-5,13-17] or cup-cage constructs [8,18-24], may provide a more durable reconstruction.

Cup-cage constructs essentially involve the use of a cage to protect a cup while bone in-growth between the cup and acetabulum occurs. After bone grafting of acetabular defects, a highly porous cup (Tantalum; Zimmer-Biomet, Warsaw, IN, USA) is placed into the defect against bleeding host bone. Implant-bone contact is maximized and the construct stabilized with as many screws as possible. A reconstruction cage is fixed over the cup to protect it as it achieves in-growth into the acetabulum. A polyethylene liner is cemented into the cage in the appropriate version [8,19,21,22]. Amenabar et al.
retrospectively reviewed 68 cup-cage reconstructions performed for massive bone loss (corresponding to Paprosky type IIIA and IIIB). Forty one hips (61%) have pelvic discontinuity. At a mean follow-up of 68 months (range, 24 to 135 months), the revision rate of the 26 cup-cages performed in the absence of pelvic discontinuity was 8% (two of 26). Revisions were done for infection and instability. At a mean follow-up of 77 months (range, 24 to 135 months) the 45 cup-cages used performed for the treatment of major bone loss with pelvic discontinuity had a revision rate of 9% (four of 45). All four revisions were performed for aseptic loosening, with failure occurring at a mean of 42 months. Survivorship was 93% at five years and 83% at ten years [18].

For Paprosky type IIIB bone loss, with or without pelvic discontinuity, good early to midterm results have been obtained with the CTAC [2,5,14,15]. Gladnick and colleagues retrospectively reviewed 73 patients who underwent reconstruction using a CTAC for Paprosky type IIIB defects. At a mean follow-up of 7.5 years (range 5 to 12 years), 58 hips were intact. Fifteen hips (20.5%) were indicated for revision for reasons including instability (6 hips) and infection (8 hips) and aseptic loosening [1,14]. Berasi and colleagues retrospectively reviewed 24 hips with Paprosky type IIIB bone loss reconstructed using the CTAC. At a mean follow-up of 57 months (range, 28 to 108 months), there were two infections resulting in prosthetic failure. The remaining acetabular components were well fixed. There were no dislocations. Harris hip scores improved from a mean of 42 before surgery to 65 at final follow-up (p<0.001) [2].

Acetabular revision with massive bone loss is complex surgery with limited options for stable reconstructions. Complications rates are higher and survivorship is lower than that observed in lesser degrees of bone loss where the acetabular columns are intact. For this more complicated cohort, CTAC and cup cage reconstructions provide good midterm outcomes with a reasonable complication rate. Extended follow-up of these patients is needed to determine the long term survivorship of these reconstructions.

References


